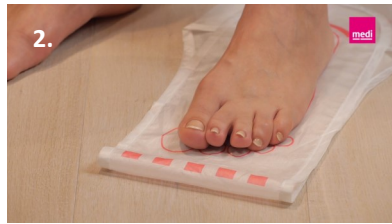


medi 2in1 donning & doffing aid - Instructions for use



Donning Instructions



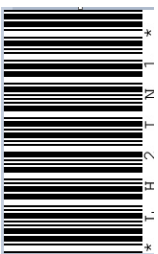
1. Lay the medi 2in1 flat on the floor in front of you and fold along the dotted line.
2. Place your bare foot on the foot print.
3. Gently push the material between your toes to secure.
4. Guide the stocking over the foot. The 2in1 will assist the stocking over the heel.
5. Pull the stocking up your leg towards your knee.
6. Gripping the part of the 2in1 that is hanging out of the top of the stocking, lift your heel slightly and pull to release the 2in1. Adjust the top band of your stocking comfortably into place.



Doffing Instructions



1. Lay the medi 2in1 flat on the floor.
2. Slip your foot into the bag end as far as it will go.
3. Pull your stocking down to the top of the 2in1. Fold the top band of the stocking down over the 2in1.
4. Now you can pull the stocking down over your heel towards your toes with ease.
5. Your stocking has now been removed.



The medi 2in1 can be used for all lengths of stockings/tights and for both open and closed toe garments.

It can be washed daily on a delicate programme at 40 degrees.

